

Fact Sheet

Pregnancy Prevention

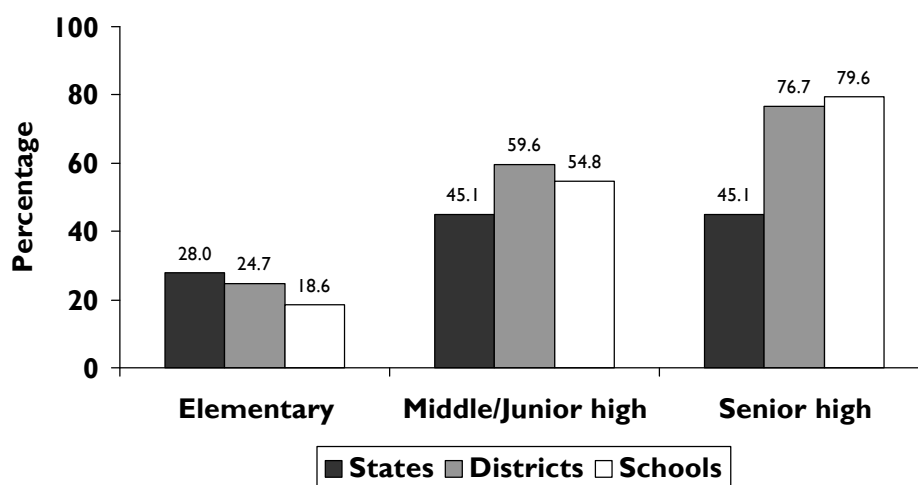
From CDC's School Health Policies and Programs Study (SHPPS) 2000

About SHPPS

SHPPS is a national survey periodically conducted to assess school health policies and programs at the state, district, school, and classroom levels. Results from SHPPS 2000 are published in the *Journal of School Health*, Volume 71, Number 7, September 2001.

Health Education

Percentage of States, Districts, and Schools Requiring Pregnancy Prevention Education, by School Level



- Among teachers of required health education, elementary school teachers who provided pregnancy prevention education spent a median of 1 hour per school year teaching the topic, middle/junior high school teachers spent a median of 2 hours, and senior high school teachers spent a median of 3 hours.

During the two years preceding the study:

- 74.0% of states and 43.2% of districts provided funding for or offered staff development on pregnancy prevention education to health education teachers.
- 7.0% of elementary school classes, 24.8% of required health education courses in middle/junior high schools, and 30.3% of required health education courses in senior high schools had a teacher who received staff development on pregnancy prevention education.

Percentage of Schools Teaching Topics and Skills Related to Pregnancy Prevention in at Least One Required Class or Course, by Topic and Skill

	All schools	Elementary schools	Middle/junior high schools	Senior high schools
Topic				
Abstinence as the most effective method to avoid pregnancy, HIV, or STDs	71.7	40.8	91.5	96.1
Condom efficacy	64.8	N/A ¹	54.1	82.9
Dating and relationships	63.7	34.9	82.5	86.2
How to correctly use a condom	33.6	N/A	20.8	55.1
Human development issues, such as reproductive anatomy and puberty	73.8	57.6	84.8	86.1
Marriage and commitments	56.3	34.5	71.5	71.9
Methods of contraception	67.9	32.8	61.8	87.0
Skill				
Communication skills related to sexual behaviors	57.9	24.5	78.0	87.0
Decision-making skills related to sexual behaviors	59.3	33.4	74.0	83.7
Goal-setting skills related to sexual behaviors	62.3	30.7	82.8	87.4
Resisting peer pressure to engage in sexual behavior	68.4	40.4	86.8	90.5

¹Data not available—question not asked at this level.

Health Services

- 14.0% of states and 39.2% of districts require that districts or schools provide one-on-one or small-group discussions on pregnancy prevention to students when needed (not including classroom instruction).
- 31.6% of districts have arrangements with organizations or professionals not located on school property to provide one-on-one or small-group discussions on pregnancy prevention to students when needed.

For additional information on SHPPS, contact the Centers for Disease Control and Prevention (CDC), National Center for Chronic Disease Prevention and Health Promotion, Division of Adolescent and School Health, 4770 Buford Highway, NE, Mailstop K-33, Atlanta, GA 30341-3717, telephone 888-231-6405, <http://www.cdc.gov/shpps>.